



## Good Health and Well-Being

#### Sustainable Development Goals Report 2023

"Ensuring healthy lives and promoting well-being at all ages is essential to sustainable development. There is an urgent need to fully eradicate a wide range of diseases and address many different persistent and emerging health issues. We are exploring how universities deal with specific conditions and diseases, and support their community."

#### **THE Impact Rankings**







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584

Number of publications 2019 - 2023



### Sustainable Development Goals Report 2023



### ITS Leads Comprehensive Initiative to Enhance Sexual Health Education and Combat Campus Sexual Violence

Institut Teknologi Sepuluh Nopember (ITS) initiatively launched a data-driven to foster a safe and more informed campus remembering that rising concerns over sexual violence in higher education, with rates reaching up to 35%, according to the Ministry of Education, Culture, Research, and Technology. This effort combines preventive education and responsive support with a strong focus on sexual health education and misconduct prevention.

Awareness about sexual health, cultural sensitivity, and witness intervention is what ITS trying to incite in the education environment. Partnering with student organizations, ITS holds annual workshop engaging with hundreds of students each semester with essential knowledge and practical skills to recognize and prevent incidents. This ensures that our 800+ students studying abroad have continuous access to university resources and stay informed and prepared.

By implementing a confidential reporting system that is accessible 24/7 and with an average response time of under 48 hours to offer personalized guidance and counseling. Student's trust is growing because the availability of emergency support is accessible through campus security in order for protective measures.





### **Sustainable Development Goals**Report *2023*



# Enhancing Healthcare Access through ITS Collaboration with Health Institutions and Social Foundation

ITS has undertaken substantial efforts in improving accessibility to basic health care revolving around health for all. Helping this effort, ITS works with social foundations and healthcare institutions, especially those who are located in remote areas and people with mental disabilities.

For instance, in one of the key interventions of Al-Hafish Foundation, mental disabilities are treated with a rehabilitation program in order to reintegrate the individual back into the community and change stigmas of the society toward this group of people for better acceptance. Additionally, in cooperation with ITS Alumni Association (IKA ITS), the People's Health Ship project has been developed. This initiative delivers healthcare services to remote areas with limited access to conventional facilities, particularly in riverine regions like Kalimantan and Sumatra. The ship has basic healthcare facilities, patient rooms, and diagnostic equipment, and operates on eco-friendly hybrid green energy.

In addition, ITS, by means of its PT Tekno Sains Medika company, has made seven innovations directed to the enhancement of the medical healthcare system with the use of 3D printing, augmented reality (AR) and other digital technologies. These advancements increase effectiveness and less dependence on imports, providing availability of items such as implants, amputation aids, bone replicas and other medical teaching aids for hospitals and universities of competitive price and quality within Indonesia.



## **Sustainable Development Goals**Report 2023



## ITS Health Outreach Programmes: Promoting Health and Safety Education for East Surabaya Fishermen

On Sunday, October 1, 2023, the Medokan Ayu Fishermen Group from the Mangrove Botanical Garden tourism area in Gunung Anyar, along with Peduly Surabaya volunteers and Mrs. Santi Frestiqauli, S.T., M.T., a lecturer in Ocean Engineering, conducted a community service activity on behalf of the Hydrodynamics of Offshore Structures Laboratory. This initiative, supported by the Department of Ocean Engineering and the Directorate of Research and Community Service for the 2023 academic year, emphasized the importance of health and safety education for fishermen.

The program aimed to raise awareness about prioritizing health and safety in every job, including fishing, crabbing, fish farming, and other related tasks. By instilling these practices, the initiative seeks to reduce occupational hazards and health risk. This approach not only ensures the well-being of individual workers but also strengthens the community's overall access to proper basic health services. By minimizing workplace injuries and health issues, the community can focus resources on preventive care and overall health improvement, fostering a healthier and more resilient population. This outreach effort is a part of a broader initiative to ensure the community's access to proper basic health services.

